

Healthy Babies

PRENATAL CARE | MENTAL HEALTH SERVICES | TRANSPORTATION SERVICES | LACTATION SUPPORT | CHILDBIRTH CLASSES



Prenatal Care

A partnership with local doctors provides prenatal medical care for uninsured and underinsured women.

Transportation Services

We can provide transportation for pregnant women and infants to their necessary prenatal, postpartum, and infant wellness medical appointments.

Mental Health Services

Local mental health practitioners can address perinatal mood anxiety disorders (PMAD), formerly known as postpartum depression. In addition to addressing PMAD, practitioners are able to address miscarriage and fetal/child loss.

Breastfeeding Classes

While breastfeeding is a natural part of having a child, the art of latching the baby onto the breast is learned. Whatever your goals are for breastfeeding, this class can help you be prepared to meet them.

Virtual classes are held quarterly.

Childbirth Classes

This class will help you feel confident, empowered, and prepared for your birth experience and beyond.

Virtual classes are held quarterly.



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Visit us on Social Media!



Keys Healthy-Start



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Keys Healthy-Start

The Florida Keys Healthy Start Coalition unites people and resources to improve the health and well-being of pregnant women, children, and their families in Monroe County.