

Keys to Growing Kids

TOT TIME | WIGGLES AND GIGGLES | ADOPT A GRANDPARENT



What is Keys to Growing Kids?

Keys to Growing Kids facilitates family health and education workshops, developmental playgroups, and parent support groups.

Support groups and playgroups throughout the Keys include:

- Tot time (0-5 years of age)
- Wiggles and Giggles (1-4 years of age)

Tot Time includes educational activities, games, snacks, stories, music, guest speakers, field trips, educational activities, social interactions and more.

Wiggles and Giggles includes a variety of activities that keep the kids moving, dancing, and excited to learn, all while inside protected from the elements.

How much does it cost?

All programs are free!
Donations are always welcome.

Programs in Development

- Adopt a Grandparent
- Postpartum Doulas
- Parent Coaching
- Lactation Support



For more information about our Keys to Growing Kids programs or the program schedule in your area, please contact us at:

www.keyshealthystart.org

305-293-8424

info@keyshealthystart.org

Visit us on Facebook & Instagram



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FKHSC prohibits discrimination on the basis of disability for all services, programs, and activities provided to the public pursuant to the American with Disabilities Act. For reasonable accommodations, please give us a call at 305-293-8424.

The Florida Keys Healthy Start Coalition unites people and resources to improve the health and well-being of pregnant women, children, and their families in Monroe County.